

How Early Days can help you



Early Days provides workshops for mothers, fathers and other family carers of children 6 years and under who have an Autism Spectrum Disorder (ASD) or are going through the assessment and diagnosis process. Workshops are held in small groups of 4-15 and opportunities to meet other parents and carers

Workshops are free, no childcare provided

FULL DAY WORKSHOPS - 9.00AM-3.00PM (Lunch & light refreshments provided)

Introductory:-

Learn about Autism Spectrum Disorder and what it means for your child and your family
Learn practical strategies that can make a difference to your child's development.
Learn how to choose therapies and get the most out of services

Encouraging Early Interactions:-

(It is highly recommended that you attend an Introductory workshop prior to attending this workshop)

Learn about critical building blocks for social interaction and communication
Learn practical strategies that encourage skill development in these areas in everyday activities
Learn how important shared experiences are for children's learning

Understanding Behaviour – A Step by Step Guide for Parents:-

(It is highly recommended that you attend an Introductory workshop prior to attending this workshop)

Learn how to understand your child's behaviour
Learn ways to select and teach your child new behaviour
Learn how to promote positive behaviours

HALF DAY WORKSHOPS – 2.5 HOURS (Light refreshments provided)

(It is highly recommended that you attend an Introductory workshop prior to attending these workshops)

Progression to school

This short workshop will focus on practical tips for parents of a young child with ASD around the transition out of HWCA funding and progression to school

- Gain information on funding options for school aged children
- Communicating with your child's school
- Keys to success for starting school

Tips for Everyday Life Skills

This short workshop will focus on practical tips for parents of a young child with ASD around the everyday life skills of: During the session only two of the topics below will be discussed in more detail. Tips sheets are provided for all topics.

- Eating
- Sleeping
- Dressing
- Bath time
- Teeth cleaning
- Toileting
- Cutting hair and nails

Play and Social Learning

Children with ASD may play in ways that are different to their friends. It is during play that children build and refine their social skills.

This short workshop helps participants understand why their child's play is different and provides them with ideas to help the child develop:

- Play with toys
- Imitation and imagination
- Playing with others
- Sharing, turn taking, winning and losing

Helping My Child Cope with Change

Change is challenging for all children on the autism spectrum. During this workshop participants will look at why change is challenging, and how it impacts on the behaviour of young children. Strategies for preparing the child for the changes everyday life brings will be shared during this short workshop.

Types of change focused on include:

- Changes within the family structure
- A new baby
- Moving house
- Going to childcare
- Celebrations e.g. Christmas
- Everyday changes such as new shoes, new clothes, painting their bedroom

Below is the current schedule through to end of September. Further workshops in both metropolitan and rural areas will be scheduled for dates after September due course and this information will be posted on our website when available.

Early Days Introductory Workshops

Date	Location
Monday 15 July	Hervey Bay Community Centre 22 Charles Street, Hervey Bay
Wednesday 17 July	Autism Qld 437 Hellowell Road, Sunnybank Hills
Monday 22 July	Nambour Community Centre Cnr James & Shearer Streets, Nambour
Thursday 25 July	Cedar Centre 36 Baker Street, Toowoomba
Tuesday 30 July	Mt Isa Civic Centre, 23 West Street, Mt Isa
Tuesday 30 July	Caboolture Hub 4 Hasking Street, Caboolture
Tuesday 13 August	Nerang Bicentennial Community Centre 833 Southport-Nerang Road Nerang
Tuesday 20 August	Bundaberg & District Neighbourhood Centre 111 Targo Street, Bundaberg

Early Days is a national program funded by the Federal Government under the Helping Children with Autism package. This workshop is for parents and other family carers only. For professional development opportunities, please contact Autism Qld.

Thursday 5 September	Autism Qld 437 Hellowell Road, Sunnybank Hills
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Early Days Understanding Behaviour Workshops

Date	Location
Monday 5 August	Cedar Centre 36 Baker Street, Toowoomba
Monday 19 August	Autism Qld 437 Hellowell Road, Sunnybank Hills
Wednesday 21 August	Bundaberg & District Neighbourhood Centre 111 Targo Street, Bundaberg
Tuesday 27 August	Caboolture Hub 4 Hasking Street, Caboolture
Tuesday 3 September	Gladstone Library 39 Goondoon Street, Gladstone
Tuesday 17 September	Brothers Leagues Club 99-105 Anderson Street, Manunda Cairns

Early Days Tips for Everyday Skills Workshops

Date	Time	Location
Tuesday 11 June	9.30 – 12.00	The Criterion, 150 Quay Street, Rockhampton
Monday 17 June	9.30 – 12.00	Caboolture Hub, 4 Hasking Street, Caboolture
Tuesday 18 June	9.30 – 12.00	Autism Qld, 437 Hellowell Road, Sunnybank Hills
Wednesday 24 July	12.30-3.00	Nerang Bicentennial Community Centre 833 Southport-Nerang Road Nerang
Thursday 12 September	12.30 – 3.00	Caboolture Hub 4 Hasking Street, Caboolture
Thursday 19 September	12.30 – 3.00	Autism Qld 437 Hellowell Road, Sunnybank Hills

Early Days Play and Social Learning

Date	Time	Location
Tuesday 11 June	12.30 – 3.00	The Criterion, 150 Quay Street, Rockhampton
Tuesday 16 July	12.30 – 3.00	Hervey Bay Community Centre 22 Charles Street, Hervey Bay

Early Days Helping my Child Cope with Change

Date	Time	Location
Monday 17 June	12.30 – 3.00	Caboolture Hub, 4 Hasking Street, Caboolture
Tuesday 18 June	12.30 – 3.00	Autism Qld 437 Hellowell Road, Sunnybank Hills
Tuesday 16 July	9.15 – 11.45	Hervey Bay Community Centre 22 Charles Street, Hervey Bay
Wednesday 24 July	9.00 – 11.30	Nerang Bicentennial Community Centre 833 Southport-Nerang Road Nerang
Thursday 12 September	9.00 – 11.30	Caboolture Hub 4 Hasking Street, Caboolture
Thursday 19 September	9.00 – 11.30	Autism Qld 437 Hellowell Road, Sunnybank Hills

Early Days Telephone or Online workshop

Date	Time	Location
Thursday 15,22 & 29 August	9.30 - 11.30	Internet and or Landline phone Preference to families who are unable to attend face to face workshops

For further information please visit the Autism Queensland website www.autismqld.com.au
or send registrations forms to workshops@autismqld.com.au Or Early Days facebook

REGISTRATION FORM

Please fill out one form for every participant

Name of parent/carer		Family name	
Child's given name		Child's family name	
Child's date of birth		Relationship to child	
Address			Postcode
Home phone		Mobile	
Email address (required for confirmation)			
Do you speak another language other than English?			No Yes, please specify
Do you identify as any of the following groups: Aboriginal or Torres Strait Islander or South Sea Islander?			Yes No
Do you identify with another culture or language group?			No Yes, please specify
Have you registered with the Autism Advisor Program?			No Yes

Full Day Workshops - 9.00 – 3.00	Location	Date
Introductory		
Encouraging Early Interactions		
Understanding Behaviour – A step by step guide for parents		
<i>It is highly recommended that you attend an Introductory workshop prior to attending an 'Encouraging Early Interactions' or 'Understanding Behaviour' workshop</i>		

Telephone/Online Workshop (3 sessions) 15, 22 & 29 August	Time 9.30-11.30	
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Half Day Workshops – 2.5 hrs	Location	Date
Progression to School		
Tips for Everyday Skills		
Play and Social Learning		
Helping my Child Cope with Change		
<i>It is highly recommended that you attend an Introductory workshop prior to attending these half day Early Days workshops</i>		

Please indicate which Early Days workshops you have already attended (please tick)	
Introductory	
Encouraging Early Interactions	
Understanding Behaviour	
Progression to School	
Tips for Everyday Skills	
Play & Social Learning	
Helping my Child Cope with Change	

Please return completed form to:

Autism Queensland PO Box 354, Sunnybank QLD 4109

Fax 3273 0096

Email workshops@autismqld.com.au